

# SERRA DOS ÓRGÃOS **ROCK TRIPS**

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The God's Finger stands as a landmark of national mountaineering. Conquered in 1912, it was considered the first technical climb performed by a team of Brazilians. Its location on the edge of the mountain range impresses! Although relatively technically easy, its approach is steep and technical, climbing follows a system of wide cracks and chimneys requiring good physical and psychological preparation.

## **ITINERARY 1 | DEDO DE DEUS 1 DAY**

### **INFO**

#### **APPROACHING WALK**



Distance: **3km**

#### **CLIMBING**



Duration: **7 hours approximately**



Route Length: **Aprox. 120m**



Grade: **BRA Vsup**



Elevation Gain: **140m**



## 1<sup>ST</sup> DAY

- 5:30** Pick up at the hotel or address in RJ
- 7:30** Transfer to the Serra dos Órgãos National Park - Teresopolis Headquarters
- Beginning of the walk - 890m
- Steeper and more technical stretch with steel cables
- Deviation from the normal road to the eastern side
- Starting the climb
- 14:00** Arrival at the summit - 1,692m
- Rappel descent
- End of rappel and steel cables
- Return to car
- 19:00** Transfer back to the point of origin

## RECOMMENDATIONS

We recommend that the participant take a small backpack with personal belongings, camera, water (1 to 2 liters per person) and some energy food such as nuts and dried fruits

## REQUIREMENTS / RESTRICTIONS

- For guided climbing it is necessary to have previous experience and to know how to perform the basic safety procedures, to mount the brake and to descend from abseiling.



- It is necessary that the participant be physically fit for physical activities. If in doubt consult a doctor
- Read our **Risk Knowledge Statement** on the application form for a better understanding. LINK: [www.rocksinrio.com.br/en/home-2/#reservas](http://www.rocksinrio.com.br/en/home-2/#reservas)

## INCLUDED

- 1 guide: 4 pax for mountaineering / 1 guide: 2 pax for climbing
- All safety equipment
- Transportation

## NOT INCLUDED

- Bath
- Water and food

