

SERRA DOS ÓRGÃOS **ROCK TRIPS**

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The God's Finger stands as a landmark of national mountaineering. Conquered in 1912, it was considered the first technical climb performed by a team of Brazilians. Its location on the edge of the mountain range impresses! Although relatively technically easy, its approach is steep and technical, climbing follows a system of wide cracks and chimneys requiring good physical and psychological preparation.

The Devil's Needle was considered one of the 15 best climbs in the world, both for the beauty of its formation and for the adventure of the venture. Located in the heart of the park, this mountain is also known for its difficult access requiring good logistics and physical conditioning. The best and most rewarding strategy for this work is 2 days: 1 day for approach (14 km) and preparation, and another for climbing and return. We camped in a small clearing at the bottom of the Paquequer valley, a rare and preserved place. At night, the temperature usually drops a lot and due to humidity, a good sleeping bag is imperative.



ITINERARY 5 | DEVIL'S NEEDLE AND FINGER OF GOD 3 DAYS

1ST DAY

- 5:00** Pick up at the hotel or address in RJ
- 06:30** Transfer to the Serra dos Órgãos National Park in Teresópolis
- Beginning of the walk
- Stop at " Abrigo 3 " for rest (7 km)
- Entrance to the Paquequer Valley (Cota 2000)
- Camp set up - Camping in Paquequer
- Lunch
- 14:00** Climb to the belvedere of hell to see the Needle of the Devil. Concierge equipment
- 17:00** Return to camp and rest
- Dinner

2ND DAY

- 5:00** Breakfast
- 6:00** Beginning of the walk
- Descent from the Grotto
- 7:30** Track base
- Equipment and checking
- Nail Chimney Plateau



- 12:00** Summit
Starting the descent
Return trip to the camp
- 15:00** Disassembling the camp
Walking descent - 14 km
- 18:00** Camp set up - Camping at the headquarters of Teresópolis
Dinner

3RD DAY

- 6:00** Breakfast
- 7:00** Disassembling the camp
- 7:30** Displacement for access to walk to the Finger of God
- 8:00** Beginning of the walk
Approach - 3km
Steeper and more technical stretch with steel cables
- 10:30** Deviation from the normal road to the eastern side
Starting the climb
Arrival at the summit - 1,692m
Rappel descent
- 16:00** End of rappel and steel cables
Return to car
- 19:00** Transfer back to the point of origin



ACOMODATIONS

Acomodation	Camping in the headquarters of Teresópolis
Type	Camping area
Tent	3 stations
Comments	Stove and utensils available with the guide Cold Bath
Acomodation	Camping at Paquequer
Type	Wild
Tent	3 stations
Comments	Stove and utensils available with the guide There is NO bath
Acomodation	Shelter of Açu and Sino (Abrigo 4)
Type	Collective Room
Comments	Kitchen and utensils available Hot bath charged separately (R \$ XX / 5 min) Bed and blankets
Food	Breakfast, 1 freeze-dried meal included and 1 broth per day Breakfast: black coffee, oatmeal and granola, 1 fruit, syrian bread with pâté or cream cheese, mix of nuts and dried fruits. Meal: Strogonoff of meat, pasta with vegetables (consult menu Liofoods) Broth: Bean broth, chicken soup, pumpkin soup Bring food of your choice Take energy foods for the day during the activity. Report if you have any food restriction

RECOMMENDATIONS

We recommend that the participant take a small backpack with personal belongings, camera, water (1 to 2 liters per person) and some energy food such as nuts and dried fruits

REQUIREMENTS / RESTRICTIONS

- For guided climbing it is necessary to have previous experience and to know how to perform the basic safety procedures, to mount the brake and to descend from abseiling
- It is necessary that the participant be physically fit for physical activities. If in doubt consult a doctor
- Read our **Risk Knowledge Statement** on the application form for a better understanding. LINK: www.rocksinrio.com.br/en/home-2/#reservas

INCLUDED

- 1 guide: 4 pax for mountaineering / 1 guide: 2 pax for climbing
- All safety equipment
Transportation

NOT INCLUDED

- Bath
- Water and food

